

# Southern Cuffelinks

Rotary Club Of Mumbai South Cuffe Parade

District 3141 Club No 15500



Rotary Year:2025-26 Issue 5: November 2025 Total Page -11

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**From President Desk**

Dear Rotary Family,

October was a special month for our Rotary Club of Mumbai South Cuffe Parade, dedicated to Economic and Community Development. We focussed on projects that drive sustainable development and community well-being, promoting economic growth, reducing poverty, and enhancing community resilience.

As we reflect on the month of October, I am happy and full of joy as I think about the love, kindness, and generosity that our club embodied through its projects. We had a movie show that bonded us together, a Diwali party at Hotel Diplomat that filled our hearts with warmth, and a special event at the Vatsalya Foundation where we shared a Lajawab meal and a magical experience with orphan children. Seeing the smiles on their faces was truly priceless.

We also had the privilege of distributing gowns and boxers to senior citizens, bringing warmth and comfort to their lives. And, we collaborated on a district project for students on the Model Indian Parliamentary System (MIPS), empowering the next generation of leaders with knowledge and confidence.

Additionally, we made significant contributions to education by donating 450 books and two wooden cupboards with one hanging library to two schools, as part of the Padho Bharat Project. We also participated in the Polio NIDS project of the BMC, where our members distributed polio drops to more than 250 infants, bringing us closer to a polio-free world. These initiatives have not only strengthened our bonds but have also allowed us to make a meaningful difference in our community.

Warm regards,

President,

Rtn. Errick Elavia

Rotary Club of Mumbai South Cuffe Parade



SAVE  
EARTH

LET'S  
**B****E****A****T**  
DIABETES

## THE 4 WAY TEST:

of the things we think, say  
or do

- Is it the TRUTH?
- Is it FAIR to All Concerned?
- Will it Build GOODWILL & Better Friendships?
- Will it be BENEFICIAL to All Concerned?

UNITE  
FOR  
GOOD

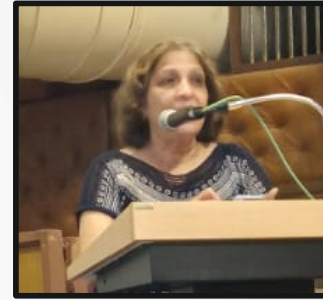
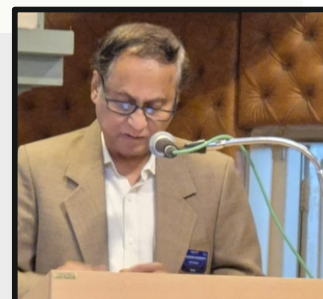
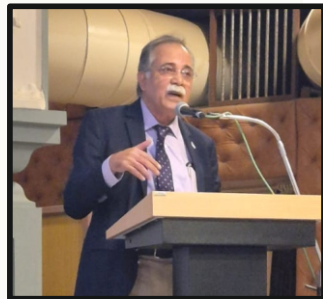
LET'S  
INSPIRE!  
2025-26



# Southern Cuffelinks

## Happening in September

**"Organ Donation Awareness Seminar at Bhartiya Vidya Bhavan – Geeta Hall  
Rotary Club of Mumbai South Cuffe Parade**



Rotary Club of Mumbai South Cuffe Parade successfully organized an impactful Organ Donation Awareness Seminar at Bhartiya Vidya Bhavan – Geeta Hall, focusing on the importance of eye, skin, and organ donation.

The session aimed to educate and inspire young minds to understand how organ donation can give the gift of life and sight to others.

A heartfelt thank you to our very own Padma Shri Dr. Keiki Mehta for his invaluable guidance, insightful presentation, and for graciously sharing his precious time with us.

We also extend our gratitude to our President Rtn. Errick Elavia for his unwavering encouragement and trust in promoting this noble cause.

Special appreciation to our dedicated members — Hon. Sec. Rtn. Rajesh Dubey, Dr. Sujata Dalvi, Rtn. Virendra Bhai, Rtn. Nayan Bhai, and Rtn. Kamal Bhai — for their active participation and continuous support.

We are proud to share that over 250 students and staff members, along with 15+ Rotarians, attended and benefitted from this enriching session. Together, we at Rotary Club of Mumbai South Cuffe Parade reaffirm our commitment to spreading awareness, inspiring action, and creating a lasting impact through service above self.





# Southern Cuffelinks

## Rotary Club of Mumbai South Cuffe Parade – Flagship Project: Youth Month Activities 2025

Rotary Club of Mumbai South Cuffe Parade – Flagship Project: Youth Month Activities 2025 As part of our ongoing commitment to youth development, the Rotary Club of Mumbai South Cuffe Parade proudly organized its flagship project – Youth Month Activities, a legacy we have carried forward for the past 32 years with immense enthusiasm and dedication. This year, over 32 schools from C-Ward enthusiastically participated in a wide range of competitions and cultural events designed to inspire creativity, confidence, and teamwork among students. Highlights of the Youth Month Activities: Essay and Drawing Competitions – Showcasing the imagination and ideas of young minds. Chess, Table Tennis, and Carrom Tournaments – Encouraging strategy, focus, and sportsmanship. Cultural Program & Folk Dance Performances – Over 14 vibrant dance presentations by 200 students from 12 schools, celebrating India's rich traditions and unity in diversity. The events saw wonderful participation and excitement from students, teachers, and parents alike. The competitions were conducted at Lady Engineer High School, with wholehearted support from the school principal, staff, and volunteers. The Grand Prize Distribution Ceremony was held on Monday, 29th September 2025, at Aryan High School, Opera House, graced by District Governor Rtn. Manish Motwani as Chief Guest. Director Rtn. Shivprasad Khator and Project Coordinator Rtn. Navanath Panaskar led the initiative with their trademark passion and dedication. Their tireless efforts, along with the support of senior Rotarians and past presidents, made the project a grand success. A special mention of gratitude goes to: Rtn. Virendra Sanghavi, Rtn. Sonal Somaiya, Rtn. Nayan Shah, Rtn. Satish, Rtn. Panaskar, and Rtn. Nargis, whose presence and encouragement brought great joy to the children. The event concluded on a cheerful note with snacks, laughter, and fellowship, symbolizing Rotary's spirit of service and togetherness. These youth-oriented initiatives, started in 1982-83 by past presidents Rajendraji Agrawal and late Shri Murarkaji, continue to grow stronger every year, giving thousands of students a platform to express their talent and build confidence. Truly, a celebration of young energy, education, and empowerment — the heart of Rotary's mission to serve humanity.





# Southern Cuffelinks

## E-West Project

**Mera Bharat Mahan: A Bold Celebration of Independence Day!**

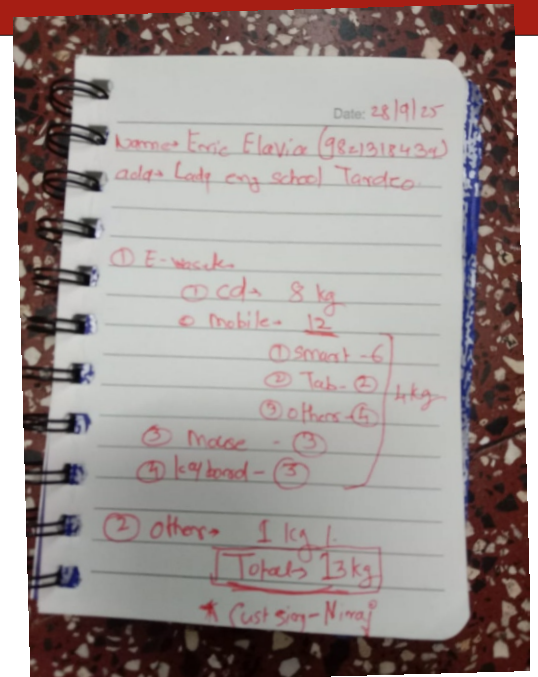
On the bright morning of 15th August 2025, the Rotary Club of Mumbai South Cuffe Parade came together with great pride and enthusiasm to celebrate the 78th Independence Day of our nation. The event, held at Lady Engineer School, was a true reflection of patriotism, unity, and the Rotary spirit of service to community.

**A Morning of Pride and Unity** At 8:30 am, under the dynamic leadership of President Rtn. Errick Elavia, our Rotarians joined hands with the students, teachers, and staff of Lady Engineer School to honor this historic day. Over 200 students participated wholeheartedly, making the celebration vibrant and meaningful. The morning was filled with energetic performances by the students – including patriotic speeches, soulful poems, and lively dances. Each performance was a testimony to their deep pride in our motherland, and the compere's enthusiastic presence added an extra spark to the occasion. The atmosphere resonated with the spirit of freedom and collective pride.

**Rotarians in Attendance** We were honored by the presence and active participation of the following Rotarians: Rtn. Virendra Sanghavi Rtn. Nayan Shah Rtn. Rajesh Dubey (Hon. Secretary) Rtn. Sonal Somaiya Rtn. Nargis Gaur Each Rotarian added their warmth and encouragement to the celebrations, making the morning more memorable.

**Inspiring Words from the President**

President Rtn. Errick Elavia delivered a powerful and uplifting address. His words not only reminded us of the sacrifices made by our freedom fighters but also emphasized our duty as citizens to continue building a stronger and united India. His inspiring speech truly elevated the spirit of the celebration and left a lasting impression on both students and Rotarians alike.



## **Empowering Minds: RC Mumbai South's Mental Health Awareness Session at Asha Sadan**



In keeping with Rotary's commitment to community welfare and holistic development, the Rotary Club of Mumbai South organized an impactful Mental Health Awareness Session at Asha Sadan Girls' Shelter Home, Umerkhadi. The session was conducted by Rtn. Duriya, who brought compassion, insight, and expertise to this deeply meaningful interaction.

Asha Sadan, home to many young girls from vulnerable backgrounds, provides not only shelter but also hope and rehabilitation. Recognizing the importance of emotional well-being in their growth and empowerment, the club chose to focus this session on mental health awareness, resilience, and self-esteem building.

Rtn. Duriya engaged the girls through interactive discussions, relatable stories, and simple mindfulness exercises that helped them understand the importance of recognizing and expressing their feelings. The session emphasized that mental health is just as important as physical health, and that seeking help or sharing one's emotions is a sign of strength—not weakness.

The girls responded enthusiastically, sharing their own thoughts and experiences. The atmosphere was one of openness, warmth, and mutual respect. Many participants expressed how the session made them feel heard, valued, and more confident in handling life's challenges. President [insert name] and members of RC Mumbai South expressed their appreciation for Rtn. Duriya's dedicated efforts and

reaffirmed the club's ongoing commitment to supporting the mental and emotional well-being of underprivileged youth. The visit concluded with words of encouragement and a message of hope—reminding every young girl present that she is capable, strong, and deserving of a bright future. Rotary Club of Mumbai South continues to champion causes that touch hearts and transform lives—one act of kindness at a time.





# SouthernCuffelinks

## Rotary Club of Mumbai South Cuffe Parade Hosts an Enlightening Session with Zainab Patel



**Rotary Club of Mumbai South Cuffe Parade Hosts an Enlightening Session with Zainab Patel** A moving dialogue on diversity, inclusion, and human dignity The Rotary Club of Mumbai South Cuffe Parade held an inspiring and thought-provoking meeting featuring Ms. Zainab Patel — a renowned DEI Changemaker, Transgender Rights Advocate, and Social Entrepreneur. The session, held at the Indian Merchants' Chamber (IMC), Churchgate, was attended by an enthusiastic gathering of Rotarians and guests who were deeply moved by Zainab's powerful journey and her tireless work for equality and social justice.



**A Journey of Courage and Transformation** Born in Mumbai, Zainab Patel is a transgender woman whose life has been a testament to courage, perseverance, and purpose. Her early years were marked by intense personal challenges, including estrangement from her biological family and facing physical, sexual, and verbal abuse due to her gender identity. Yet, even in the face of immense adversity, Zainab remained resolute in her belief in education and self-empowerment. Supported by the transgender community that became her chosen family, she pursued her studies and set her mind on creating a life of dignity and impact.

**A Trailblazer for Transcended Rights** Zainab's unwavering commitment to equity, inclusion, and social justice led her to become a petitioner in the landmark National Legal Services Authority (NALSA) v. Union of India case, which resulted in a historic 2014 Supreme Court judgment recognizing transgender people as a "third gender" and affirming their fundamental rights under the Constitution of India. This landmark decision remains one of the cornerstones of India's transgender rights movement — and Zainab's role in it has made her an enduring symbol of hope and progress. Her activism extends far beyond the courtroom. Zainab has worked extensively on LGBTIQ+ inclusion, women's empowerment, and human rights, not only in India but also across South and Southeast Asia. Her professional expertise in Diversity, Equity, and Inclusion (DEI) has made her a sought-after speaker and consultant, helping corporations, NGOs, and public institutions build more inclusive environments for all.



**An Evening of Insight and Inspiration** During the session, Zainab spoke candidly about her life journey — the struggles, the small victories, and the people who stood by her. Her words resonated deeply with everyone present. She shared how, despite facing systemic discrimination, she chose resilience over resentment and advocacy over silence. Her message was clear and profound: "Inclusion is not just a policy; it is an act of humanity." She urged the audience to view diversity not as a challenge but as an opportunity to learn, to connect, and to grow as a society.

Zainab also highlighted the need for empathetic workplaces, accessible education, and stronger community support systems for marginalised groups. The interactive session saw Rotarians engaging in meaningful discussion, asking questions about how individuals and organizations can become allies in creating safer, more inclusive spaces. The dialogue was rich with empathy, awareness, and hope — a true reflection of Rotary's enduring values of service and compassion. Rotary's Commitment to Inclusion and Service President [Insert Name], in her closing remarks, expressed deep gratitude to Zainab for her time, courage, and openness in sharing such a personal and powerful story. She emphasized that Rotary's vision of "Service Above Self" includes serving humanity in all its diversity — by championing equity, dignity, and opportunity for everyone. The evening ended with a standing ovation and a renewed sense of purpose among members, who left inspired to take small yet significant steps toward making their communities more inclusive and empathetic. This session by Rotary Club of Mumbai South Cuffe Parade not only enriched hearts and minds but also reaffirmed the club's role as a platform that celebrates voices driving social change. ✨ It was truly an evening that touched souls, challenged perspectives, and strengthened the belief that when we include everyone, we move forward together.





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## Luncheon Project at Lady Jehangir Clinic Old Age Home Date: 16th September

Rotary Club of Mumbai South Cuffe Parade In a heartwarming act of compassion and service, the Rotary Club of Mumbai South Cuffe Parade organized its annual Luncheon Project at the Lady Jehangir Clinic Old Age Home, continuing a cherished tradition that has brought smiles and comfort to the elderly residents for several years.

A delicious, freshly prepared meal was lovingly served to over 100 senior citizens, filling the atmosphere with joy, laughter, and gratitude. The initiative once again reflected Rotary's spirit of care and fellowship, reminding everyone that small acts of kindness can make a big difference.

The project was expertly led by President Rtn. Errick Elavia and Hon. Secretary Rtn. Rajesh Dubey, whose dedication ensured the event's smooth execution. Rtn. Nayan Shah added a thoughtful touch by contributing biscuits for tea time, a simple gesture that delighted the residents. Rtn. Nargis Gaur also actively participated, adding warmth and energy to the occasion. As Rotarians interacted with the residents, sharing stories and laughter, a strong sense of belonging and happiness filled the room.

The Rotary Club of Mumbai South Cuffe Parade once again demonstrated its unwavering commitment to Service Above Self, making a meaningful impact on the lives of those who often need it most.



## Rotaract Club Installation at Nirmala Niketan



The Rotary Club of Mumbai South Cuffe Parade proudly conducted the installation ceremony of the Rotaract Club of Nirmala Niketan on 17th September 2025. The event was held from 5:00 pm to 6:00 pm in a vibrant and inspiring atmosphere, marking the beginning of another year of youth leadership and service.

The ceremony was graced by Rtr. Malcolm Vakharia, who attended as the Guest of Honor, along with Zonal Head Ms. Hashmita Karkare, Zonal Secretary Mr. Samrudh Dave, and several Rotaract members from other colleges, who came together to support and encourage the newly installed team.

The program reflected the enthusiasm and commitment of the students towards community service and professional development — the true spirit of Rotaract. A heartfelt thank you to Lidwin Ma'am, Sabeena Ma'am, and the faculty members of Nirmala Niketan for their continuous guidance, encouragement, and support in making this installation a grand success. With renewed energy and purpose, the Rotaract Club of Nirmala Niketan is all set to embark on a journey of meaningful service, leadership, and fellowship under Rotary's guiding values.

Together, we nurture young leaders who will shape a better tomorrow.





## Rotary Club of Mumbai South Cuffe Parade 2025 – Monthly Calendar

### UPCOMING EVENTS

NOVEMBER

7th November



Unsung Hero  
Chavan Auditorium  
Near Mantralaya  
Mumbai  
3 pm

12th November



Speaker Meeting  
Speaker Rtn. Vinod Thakkar

IMC  
Church Gate  
6Pm





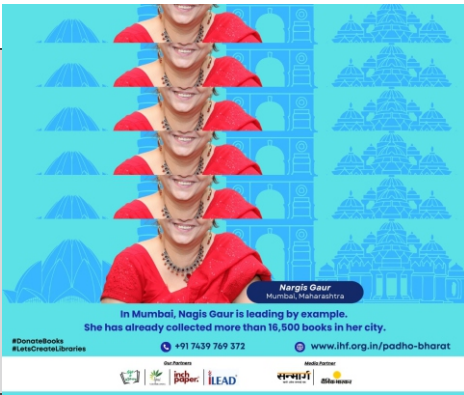
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**"Hearty Congratulations to Rtn. Nargish and her Grand daughter Ivana (aged 11) for winning a trophy and receiving special mention for her impressive talk on MCOP, organised by RC of Nariman Point. A proud achievement at such a young age—wishing her many more milestones and shining moments ahead!"**



**"Heartiest Congratulations to City Leader Rtn. Nargis Gaur from Mumbai for her remarkable achievement of collecting 16,500+ books for Padho Bharat 2025! ✨ Your dedication is an inspiration, proving how one person's commitment can spark a movement. Wishing you continued success in spreading the light of knowledge and serving humanity. #PadhoBharat2025 #IndiaHumanityFoundation #ServingHumanity"**



**"Heartiest Congratulations to Rtn. Errick Elavia on being honoured with the Best Principal Award by Lions International PDG and former Sheriff of Mumbai Dr. Shree Jagannathrao Hegde. This prestigious recognition is a testament to your exceptional leadership, vision, and dedication to shaping young minds. We are truly proud of your achievement and wish you continued success in all your endeavours."**



**"Heartiest Congratulations to Rtn. Virendra Saghavi on the well-deserved recognition of his company Aarvi Encon Ltd. by the newspaper! With over three decades of excellence in powering industries through skilled technical manpower, Aarvi stands as a true leader in innovation, sustainability, and global impact. We are proud of this achievement and wish you continued success in reaching greater milestones ahead."**



**Rotary Club of Mumbai South Cuffe Parade proudly sponsored a Cricket Tournament on Doctor's Day with SRCC Hospitals at IMA, Haji Ali. With 110 players and 16 matches, the event fostered unity, joy, and team spirit among doctors and clinicians. Special thanks to Rtn. Ashok Bhansali for funding this wonderful initiative!**



**Congratulations Rtn. Durriya Pardiwala for being invited as Speaker by RC Downtown Sealand on The Rotary Four-Way Test at Hume High School, Byculla. A proud moment indeed! "**





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## HAPPY BIRTHDAY AND ANNIVERSARY

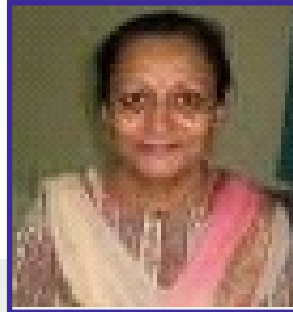
**Rtn Rajbir Singh**  
5th Nov



**Rtn. Ashok Agarwal**  
8th Nov



**Ann Anisha Shah**  
9th Nov



**Rtn. Darshna Doshi**  
13th Nov



**Ann Meena Sundesha**  
18th Nov.



**Prez. Nikunj Jhaveri**  
18th Nov.



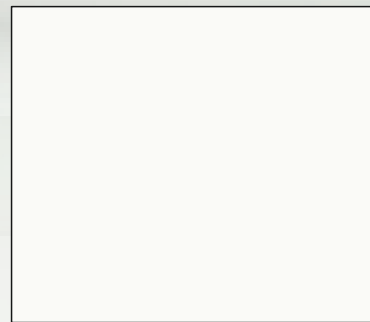
**Rtn. Pradeep Goyal**  
20th Nov



*Happy Anniversary*



**Rtn. Sonal & Deepak Somaiya**  
26th November



**Rtn. Shalini Gupta & Piyush Gupta**  
27th November

### Birthday Greetings

The Rotary Club of Mumbai South Cuffe Parade extends heartfelt wishes to our dear members on their special day.

May your birthday be filled with joy, love, and countless blessings.

We wish you good health, happiness, and continued success in all that you do.  
Have a wonderful year ahead!

Warm Regards,

Rotary Club of Mumbai South Cuffe Parade





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## GET WELL SOON

Our beloved Rtn. Darshana Doshi are not keeping well. On behalf of the Rotary Club of Mumbai South Cuffe Parade, we extend our warmest thoughts and heartfelt wishes for their speedy recovery and good health. May they regain her strength soon, and we eagerly look forward to seeing them back with us in high spirits and good cheer.

Rotary Club of Mumbai South Cuffe Parade



## "Empowered to Inspire, Committed to Serve" Rotary Club Of Mumbai South Cuffe Parade



Incision is made  
in breastbone  
for open-heart  
surgery

Pediatric Heart Surgery



Free Medical Camp



मध्याह्न भोजन योजना  
Mid Day Meal Scheme

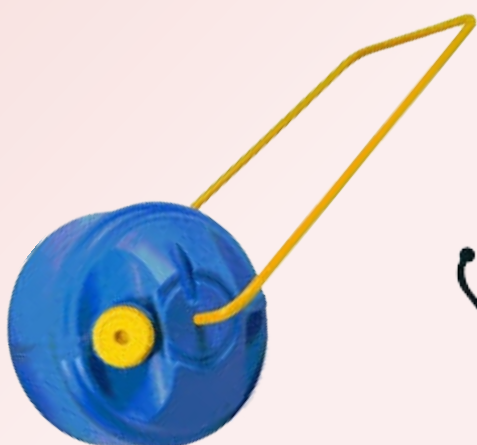
Midday Meal Project



Cyclathon for Diabetes



Nation Builder



Water Wheel



Cataract Surgery



Organ Donation



Youth+Month+Activity



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